

All around us there are telltale signs that it's Christmas, with lights everywhere, Christmas trees strapped to the tops of cars, and Christmas songs playing everywhere.

Yet one of the easiest times to forget Jesus is during the Christmas season. With all the rushing around and numerous events to attend, we can forget all about why He came to this earth. Jesus was born in a stable in Bethlehem to save us from our sin.

The birth of Jesus was so there would be the death of Jesus. The Incarnation was for the purpose of atonement. The Bible tells us, "When we were utterly helpless, Christ came at just the right time and died for us sinners" (Romans 5:6 NLT).

Jesus was born to die that we might live. The Son of God was born so that we might be born again. He left his home in Heaven so that we would have a home in Heaven.

If you want a happy Christmas this year, then make it more about giving than receiving. Studies have revealed that people who give are happier than people who don't give. So engage in an act of generosity for someone in need. Help someone who is hurting.

Here are 10 things you should do if you don't want to be depressed: (1) Do something for someone who is less fortunate than you, and (2) repeat the first step nine more times.

Most of us probably can't remember what we received last Christmas, much less the Christmas before. I've discovered that the greatest moments of this season aren't the ones we build up in our minds, like Christmas morning. Rather, they're the in-between moments, the simple moments of worship.

So make your Christmas more about giving than receiving, and make your Christmas more about His presence in your life than the presents under the tree.